

This is your invitation to be a part of a unique event to recognize and celebrate those who provide care across our state.

The first Caregiver Retreat held at Mahoney State Park in 2011 was such a great success with the 80 family caregivers and 20 professionals that attended; the Nebraska Respite Coalition has expanded the outreach across the state.

As a sponsor for, "A Time for You" Caregiver Retreat you will have ample opportunities to interact with family caregivers and professionals while receiving recognition for the services your organization provides to people with disabilities.

You may attend one or both of the Retreats depending on the area of the state your organization serves. You must register for each retreat you wish to sponsor and make arrangements for payment for the retreat(s) you will attend.

April 25 – 26, 2012 in Ogallala, NE

October 2 – 3, 2012 at Mahoney State Park

Sponsorship is available at the:

\$250 level for each retreat...

- allows your name to appear in the statewide brochure if the signed agreement is received before **January 31, 2012.**
- allows your name to appear on several websites.
- guarantees registration space for 1 professional to earn continuing education hours required by nurses, social worker, and administrators. (*Registration fee for one person is a value of \$90*)
- \$250 or \$500 check(s) can be made payable for the Caregiver Retreat(s) you wish to sponsor:

April 25 -26 in Ogallala

Central Nebraska Community Services
P.O. Box 509
Loup City, NE 68853
Phone: 1-800-736-7491 Ext. 145 or
(308) 745-0780 Ext. 145

October 2-3 at Mahoney

Respite Resource Center
4223 Center Street
Omaha, NE 68105
402-996-8444

The funds raised through sponsorships will provide scholarships for family caregivers wishing to attend and off-set the cost of the retreat. Or you may choose to purchase a \$250 gift, that reflects the theme of the event, "A Time for You," and present a copy of the receipt in-lieu of the registration payment.

Or \$500 level for each retreat...

- allows your name to appear in the statewide brochure if the signed agreement is received before **January 31, 2012.**
- allows your name to appear on several websites with a link to your website.
- guarantees you an exhibit table in our primary presentation room.
- allows your name to appear on an easel displayed during the retreat.
- guarantees registration space for 2 professionals to earn continuing education hours required by nurses, social worker, and administrators.

Another option for organizations serving families caring for loved ones across the lifespan with disabilities is the vendor fair. A freewill donation will be accepted for an information table. At both locations, space is limited for a 2 hour vendor fair the first evening of the retreats. Call Central Nebraska Community Services for the April 25th retreat in Ogallala, 1-800-736-7491 ext. 145 or the Respite Resource Center for the October 2nd Retreat at Mahoney 402-996-8444 for more information and to sign-up for a vendor table. First come, first serve as space is limited for sponsors and vendors.

Thank you for your support



But you don't have to take our word for how powerful the Caregiver Retreat was in providing what family members and professionals are looking for, a sample of responses from the Retreat participants:

2011 Retreat evaluations indicated that stress was lowered and tools were provided to continue caring for the caregiver when the participants returned home.

According to the Retreat evaluation:

- 100% responded that they had received information and resources that will make a positive difference in the care they provide their loved one.
- 100% of the respondents felt they had received information to better care for themselves as a caregiver.
- The majority were able to connect with other family caregivers and support networks during the retreat.
- The majority felt the retreat demonstrated awareness and appreciation of family caregivers.
- 100% would recommend the retreat to other family caregivers.

Comments from the participants:

- What a fantastic group – never felt more welcome. Thank you all. And for a great line up of presenters
- I felt that I learned a lot of information that I had no knowledge of. All the presenters were knowledgeable.
- A very re-assuring outlook on life.
- This retreat has been a great experience for me. I hope they keep the good work up. Thank you so much.
- Humor is needed/necessary during the times of being a caregiver and post caregiver.
- Knows topic well, Integrated professional with family caregiver. Brilliant.
- This was very good for me – she mentioned caring for autistic children. I cared for a couple & it was very challenging. I constantly thought I was not keeping up well, after hearing her today I realize it is all Ok.
- Thank you – loved the stories.
- Really enjoyed the personal stories. Great lessons combined with interesting stories with appropriate humor. Phenomenal.
- Many common connections.
- Very good speakers, they all had food for thought.
- Useful – helpful information and fun.
- Take care of you first.
- Wow! Great insights presented in helpful way. So just right for my needs.